Idea of psychological residual function

Healing the wounds of Khmer Rouge

TPO considers the ECCC to be mainly responsible for the mental health of those that were closest to the ECCC and supported the purpose of the ECCC. Thus, the residual psychological functions are thought to be first for Civil Parties. They still need to heal their wounds. Nevertheless, healing capacities are used for all survivors in need of psychological service and families, other relatives and further people in society will certainly benefit indirectly and may at some stages in the process also receive direct support with their psychological problems or with the dealing with CPs and direct victims of the Khmer Rouge.

Last psychological needs on the way to close the ECCC

- 1. If the ECCC is closing, first psychological preparation before closing ECCC through workshop with Civil Party (content of workshop such as self-care tips and others)
- 2. Furthermore, the Representatives of Civil Party shall be accompanied during the closing event. The simple company of trusted psychologists may help preventative.
- **3. Onsite support/psychological debriefing at ECCC** Civil Parties at the closing event or other survivors may experience very strong emotions when being at a closing of such an institution. Professional psychological expertise and direct support is necessary for general harm reduction.

Residual psychological needs

- **4. Outreach activities at ECCC or community** Psychological service needs to loose stigma. The availability and normality of psychological service need to be spread at the ECCC and into the communities. A functioning referral of patients with psychological needs is crucial.
- 5. Provide hotline counseling service A hotline is easy to access from all over the country and thus easy accessible for everyone that needs psychological support. Many services can at least start on the phone
- **6. Produce IEC materials to raise the many mental health services** TPO wants to establish simple IEC materials for certain issues (e.g. coping strategies of Trauma, Self Care or Self Help and Healing) and with this be able to inform, educate and communicate specific concerns with interested people nationwide.
- **7. Provide psychiatric treatment and referral** Civil Parties are those that are most heavily affected by trauma. With very heavy symptoms, sometime additionally psychiatric treatment needs to be initiated for patients especially at the start of therapy.
- **8. Provide trainings to NGOs partners,** (and community council, religious or youth leaders) **on PFA, Emotional support, stress management.** Victims of the Khmer Rouge benefit a lot if those that are working in the field know basic concepts of emotional support and stress as this brings harm reduction and spreads little ideas how to deal with psychological problems
- **9. Crisis intervention:** From the experiences, some civil party feels disappointed with the closure of ECCC, they may find it lonely and that no support may not be available for them. One civil party member attempted suicide and was supported by TPO counselor ontime. Therefore, the crisis intervention team will be set up to response to this unforeseen event. This can be done via hotline or direct face to face consultation.